



"D-D" BREAU

LSU Gymnastics Head Coach

43 Seasons (1978 – August 4, 2020)

Alma Mater: LSU (1976)

D-D Breaux is a pioneering leader in collegiate gymnastics who built LSU Gymnastics from the ground up into one of the most respected programs in the nation. Over a remarkable 43-year career, she became the longest-tenured head coach in SEC history, guiding LSU to sustained national success that included 17 NCAA Championship appearances in 18 seasons, seven NCAA Finals appearances, 15 individual national titles, and consistent top-10 national finishes. Known for her relentless commitment to excellence, Breaux earned numerous honors, including multiple SEC and National Coach of the Year awards, induction into the Louisiana Sports Hall of Fame, and recognition as a trailblazer for women's sports.

Beyond competition, Breaux transformed LSU Gymnastics into one of the most exciting and community-driven programs in the country, helping turn Friday nights in the PMAC into a Baton Rouge tradition while setting attendance records nationwide. She placed equal emphasis on academics and service, leading teams that earned hundreds of academic honors and thousands of community service hours. Since retiring in 2020, Breaux has remained deeply involved with LSU and the Baton Rouge community and now speaks to audiences, sharing lessons on leadership, resilience, and building a culture of excellence to inspire the next generation.

